

Week 1	Please speak to the school if your child has food allergies or intolerances				
	Monday	Tuesday	Wednesday	Thursday	Friday
	LUNCH				
Mains	Chicken Casserole	Famous Taco Tuesday!	Roast Turkey & Stuffing Served with Gravy	Chef John's American Goulash	Breaded Fish Fingers
Vegetarian Option	Vegan Spanish Paella	Selection of Meat and Vegetable Fillings	Vegan Stuffed Beef Tomato	Pasta Twists in Tomato Sauce with melted Cheese	Baked Vegetable Nuggets
Served with	Mashed Potato	Steamed Rice	Roast Potatoes	Parsley & Buttered New Potatoes	Chunky Chips
Vegetables	Carrots & Green Beans	Broccoli & Sweetcorn	Savoy Cabbage & Carrots	Green Beans & Grilled Tomatoes	Baked Beans or Peas
Dessert	Rice Pudding & Jam or Fruit Yoghurt	Golden Syrup Sponge & Cream	Selection of Jelly Strawberry- Orange-Raspberry	Eton Mess Or Fresh Fruit Pots	Friday Chocolate Cookie
	Afternoon Tea (Served at 5pm for children attending Superstars)				
Mains	Selection of Sandwiches & Crisps	Pasta of the Day	Ham or Cheese Wraps	Pasta of the Day	Selection of Sandwiches & Crisps
Dessert	Fruit Basket	Fruit Yoghurt	Chocolate Mousse	Melon Slices	Fruit Yoghurts
We have a wide selection from our salad bar. Our meals are freshly made daily. Our food is sourced locally where possible and is free-range whenever possible.					